

# CONFETTI Rice Salad

Servings: **3**

Serving Size: **1** cup

Prep Time: **10** minutes

## What You Need

- 1 cup frozen mixed vegetables (peas, corn, carrots, and green bean mix)
- 2 cups cooked brown rice or leftover rice
- 1 cup cherry or grape tomatoes, cut in half or quarters
- 3 tablespoons light Italian dressing or vinaigrette dressing

## Get Cookin'

1. Put mixed vegetables in a medium bowl. Pour warm water over vegetables. Set aside for 2 minutes.
2. Drain water from vegetables. Stir in rice, tomatoes, and dressing. Enjoy!

## Tip

This salad can be served as a warm side dish in a bell pepper half (seeds removed). Try different chopped vegetables, herbs, and dressings too!

