

AVOCADO, LETTUCE, TOMATO, & TURKEY WRAP

A.L.T.T. Wrap

Servings: **2**

Serving Size: $\frac{1}{2}$ wrap

Prep Time: **5** minutes



What You Need

- 1 cup chopped lettuce, such as romaine
- $\frac{1}{2}$ cup chopped tomato (1 small tomato)
- 1 tablespoon light Ranch dressing
- $\frac{1}{2}$ cup chopped avocado (1 small avocado)
- 4 slices turkey lunch meat, chopped
- 1 large (10" burrito size) flour tortilla

Get Cookin'

- 1.** Put lettuce, tomatoes, and Ranch dressing in a medium bowl. Stir to combine.
- 2.** Add avocado and turkey. Stir gently.
- 3.** Pour onto tortilla. Wrap like a burrito.
- 4.** Cut wrap in half and share with a friend.

Tip

To make a wrap, pour A.L.T.T. mixture on lower half of tortilla. Grab tortilla on the edge closest to you. Pull tortilla up and over to cover filling. Then fold in left and right sides. Roll tightly.