



## Savory Grilled Fruit

*Try this sweet and juicy recipe at your next family barbecue. Fruit that is firm can be used in most baked or grilled recipes.*

**Makes 8 servings.**

*½ piece fruit per serving.*

**Prep time:** 5 minutes

**Cook time:** 8 minutes

### Ingredients

4 peaches, plums, or nectarines, halved and pitted

### Preparation

1. Cook 4 halved peaches, plums, and/or nectarines over medium, indirect heat for 8 minutes in a covered barbecue grill. Turn after 4 minutes. Serve while hot.

#### ***Nutrition information per serving:***

Calories 19, Carbohydrate 5 g,  
Dietary Fiber 1 g, Protein 0 g, Total Fat 0 g,  
Saturated Fat 0 g, Trans Fat 0 g,  
Cholesterol 0 mg, Sodium 0 mg